

On Cooking 5th Edition By Labensky

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for nearly two decades on cooking a textbook of culinary fundamentals has instructed thousands of aspiring chefs in the culinary arts the fifth edition update continues its proven approach to teaching both the principles and practices of culinary fundamentals while guiding you toward a successful career in the culinary arts teaching and learning experience the text's time tested approach is further enhanced with myculinarylab™ a dynamic online learning tool that helps you succeed in the classroom myculinarylab™ enables you to study and master content online in your own time and at your own pace builds a strong foundation based on sound fundamental techniques that focus on six areas essential to a well rounded culinary professional professionalism preparation cooking garde manger baking and presentation a wealth of chapter features helps you learn practice and retain concepts this is the stand alone version of the text a package is available containing both the text and myculinarylab with pearson etext using isbn 0133829170

comprehensive and authoritative the fourth edition of on cooking enhances the book's introduction to food and cooking techniques with new chapters features and recipes topical coverage is expanded with new chapters covering the basics of flavor and vegetarian cooking a unique recipe testing program has strengthened the quality and reliability of the recipes throughout the book with feedback from students and teachers on cooking is a resource that students of the culinary arts will want to keep in their kitchen throughout their careers

the 80 recipes are important but really this is a food studies book written for those who feel some nostalgia for or connection to appalachia lexington herald leader mark f sohn's classic book mountain country cooking was a james beard award nominee in 1997 in appalachian home cooking sohn expands and improves upon his earlier work by using his extensive knowledge of cooking to uncover the romantic secrets of appalachian food both within and beyond the kitchen shedding new light on appalachia's food history and culture sohn offers over eighty classic recipes as well as photographs poetry mail order sources information on appalachian food festivals a glossary of appalachian and cooking terms menus for holidays and seasons and lists of the top appalachian foods appalachian home cooking celebrates mountain food at its best when you read these recipes for chicken and dumplings country ham fried trout crackling bread shuck beans cheese grits casseroles bean patties and sweet potato pie your mouth will begin to water whether or not you have a connection to appalachia loyal jones author of appalachian

values offers everything you ever wanted to know about culinary mysteries like shucky beans pawpaws cushaw squash and how to season cast iron cookware our state tells how mountain people have taken what they had to work with from livestock to produce and provides more than recipes but the stories behind the preparing of the food the reading is almost as much fun as the eating with fewer calories modern mountain magazine

this beautifully illustrated book reviews scientific and technological information about the world s major food plants and their culinary uses an introductory chapter discusses nutritional and other fundamental scientific aspects of plant foods the 100 main chapters deal with a particular species or group of species all categories of food plants are covered including cereals oilseeds fruits nuts vegetables legumes herbs spices beverage plants and sources of industrial food extracts information is provided on scientific and common names appearance history economic and social importance food uses including practical information on storage and preparation as well as notable curiosities there are more than 3000 literature citations in the book and the text is complemented by over 250 exquisitely drawn illustrations given the current alarming rise in food costs and increasing risk of hunger in many regions specialists in diverse fields will find this reference work to be especially useful as well those familiar with dr small s books or those with an interest in gardening cooking and human health in relation to diet will want to own a copy of this book publisher s web site

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