

The Psilocybin Mushroom Bible The Definitive Guid

The Psilocybin Mushroom Bible Psilocybin Mushroom Bible the Magic Mushroom The Psilocybin Mushroom Bible The Psilocybin Mushroom Bible The Psilocybin Mushroom Bible The Psilocybin Mushroom Book Delve Into the Mystical Realm with 'The Psilocybin Mushroom Bible' The Psilocybin Chef Cookbook The Mushroom Bible (3 Book in 1) Psilocybin Mushroom Handbook Psilocybin Mushroom Bible: 4 Weeks Guide to Master Your Mushroom Growing Skills Magic Mushrooms Christopher Hobbs's Medicinal Mushrooms: The Essential Guide Psilocybin Mushroom Manual The Psychedelic Reawakening Psilocybin Growing Bible Essential guide to the Psychedelic Renaissance The Magic Mushroom Bible The Compleat Psilocybin Mushroom Cultivator's Bible The Psilocybin Mushroom Bible Virginia Haze Dr John Tyler Dr Hanzel Martins Mable G Norwood Jordan Rhodes Rachel Schiavone Jeremy Ott K. Mandrake Richard Korman L. G Nicholas Khalid Ya PUBLISHING Dillon H. Point Christopher Hobbs Dr Douglas Kern Anton Gomez-Escolar Tyler Barrett Antón Gómez-Escolar Robert Murray Walter Carpenter

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the psilocybin mushroom bible details every step of the complex mushroom cultivation process making it hands down the largest and most comprehensive book ever written on the subject readers will learn how to produce their own magic mushrooms quickly safely and effectively the book features over 40 step by step photographic instruction guides to each step of the process including sterilizing the equipment to produce mushrooms how to build the containers used during home mushroom cultivation safety measures for preventing contamination of the mushroom cultures and a guide to consuming magic mushrooms safely and enjoyably dr

mandrake uses his doctoral studies in mycology to detail the history and botany of psilocybin mushrooms to give readers an idea of their prevalence throughout human history the book is highly detailed and comprehensive allowing readers to learn the entire process required to produce perfect magic mushrooms every time

psilocybin is a hallucinogenic substance people ingest from certain types of mushrooms that grow in regions of europe south america mexico and the united states the mushrooms containing psilocybin are known as magic mushrooms psilocybin is a schedule i controlled substance meaning that it has a high potential for abuse and serves no legitimate medical purpose individuals use psilocybin as a recreational drug it provides feelings of euphoria and sensory distortion that are common to hallucinogenic drugs such as lsd although medical bodies do not consider psilocybin to be an addictive substance users can experience disturbing hallucinations anxiety and panic from using the drug

discover the fascinating world of psilocybin mushrooms with the psilocybin mushroom bible the definitive guide to identification cultivation and safe use your comprehensive resource for exploring these extraordinary fungi whether you re a curious beginner or an experienced enthusiast this expertly crafted guide offers everything you need to safely and confidently navigate the realm of psilocybin mushrooms dive into detailed step by step instructions on identifying psilocybin mushrooms in the wild with vivid descriptions and key characteristics to ensure accuracy and safety learn the art and science of cultivating your own mushrooms at home from selecting the right spores to mastering advanced growing techniques for consistent high quality yields this book also provides essential guidance on safe use including dosage recommendations preparation methods and tips for creating a supportive environment to maximize your experience written by an expert the psilocybin mushroom bible combines scientific precision with practical advice making complex topics accessible and engaging explore the history cultural significance and emerging research on psilocybin s potential benefits all while prioritizing harm reduction and responsible practices packed with troubleshooting tips safety protocols and answers to common questions this guide empowers you to explore with confidence and curiosity perfect for foragers cultivators and those intrigued by the transformative potential of psilocybin this book is your trusted companion for a safe informed and rewarding journey don t miss out grab your copy today and unlock the secrets of psilocybin mushrooms

dive into the fascinating world of psilocybin mushrooms with the psilocybin mushroom bible this definitive guide is your gateway to understanding and experiencing the transformative power of these magical fungi whether you re a novice or an experienced enthusiast this book equips you with the knowledge and tools to cultivate harvest and navigate the profound realms of psychedelic exploration responsibly unlock the secrets discover the art and science of cultivating psilocybin mushrooms at home the psilocybin mushroom bible provides step by step instructions from selecting the right strains to creating the optimal growing environment gain insights into the lifecycle of these mystical fungi and cultivate your own supply for

personal use explore safe and responsible use delve into the ethical and responsible use of psilocybin mushrooms this guide emphasizes harm reduction dosage guidelines and creating a supportive environment for transformative experiences learn about the potential benefits and risks associated with psychedelic journeys and how to navigate them with mindfulness key features and benefits comprehensive cultivation guide keywords cultivation step by step learn the ins and outs of cultivating psilocybin mushrooms with detailed beginner friendly instructions cultivate your own supply at home and embark on a rewarding journey from spore to harvest responsible psychedelic exploration keywords responsible use harm reduction navigate the psychedelic experience responsibly with insights into harm reduction dosage guidelines and creating a safe and supportive setting for transformative journeys species and strain selection keywords strain selection species explore different psilocybin mushroom species and strains understand their unique characteristics potency levels and choose the right ones for your cultivation and exploration goals psychedelic history and culture keywords history culture immerse yourself in the rich history and cultural significance of psilocybin mushrooms gain a deeper understanding of their role in ancient rituals modern practices and the evolving landscape of psychedelic culture mindful integration practices keywords integration mindfulness learn how to integrate psychedelic experiences into your daily life the psilocybin mushroom bible provides guidance on processing and incorporating insights gained from journeys into personal growth and well being legal and ethical considerations keywords legal ethical stay informed about the legal landscape surrounding psilocybin mushrooms understand ethical considerations and how to approach psychedelic exploration within the boundaries of the law illustrative content and visual guides keywords visual guides illustrations enhance your learning experience with visual aids illustrations and diagrams that simplify complex concepts the psilocybin mushroom bible is designed for clarity and accessibility

embark on a transformative journey with the psilocybin mushroom bible your ultimate guide to exploring the profound realms of magic mushrooms this comprehensive handbook is meticulously crafted to empower enthusiasts and novices alike offering invaluable insights growing tips and a wealth of knowledge to enhance your experience unlock the power experience psychedelic enlightenment immerse yourself in the magical world of psilocybin mushrooms unlocking a realm of self discovery and spiritual awakening cultivation mastery 2 grow your own magic master the art of cultivation with our step by step guide ensuring a bountiful harvest of potent psilocybin mushrooms from the comfort of your home health and wellness 3 natural healing properties discover the therapeutic benefits of psilocybin promoting mental wellness stress relief and emotional resilience comprehensive knowledge 4 in depth identification guide equip yourself with the skills to identify various psilocybin mushroom species ensuring a safe and enjoyable journey expert tips 5 harvesting dosage recommendations learn expert techniques for harvesting at the peak of potency and optimal dosage guidelines for a safe and transformative experience safety first 6 responsible usage guidelines prioritize safety with our guidelines on responsible mushroom consumption fostering a positive and mindful approach the ultimate resource 7 all in one handbook your go to resource for everything psilocybin from cultivation and identification to responsible usage

making it the ultimate companion for any magic mushroom enthusiast seize the opportunity to embark on a journey of self discovery and enlightenment with the psilocybin mushroom bible elevate your understanding cultivation skills and overall experience making every encounter with magic mushrooms a profound and enriching adventure

discover the enchanting world of psilocybin mushrooms with the psilocybin mushroom bible this comprehensive guide empowers both beginners and seasoned enthusiasts with the knowledge and tools to cultivate harvest and savor these mystical fungi from the comfort of home unlock the secrets of nature s psychedelic wonders as you delve into a treasure trove of insights techniques and expert tips whether you re a curious explorer or a dedicated mycophile this book is your passport to a transformative journey here s what makes the psilocybin mushroom bible a must have cultivation made easy unleash your inner mycologist with step by step guidance on cultivating potent magic mushrooms from substrate preparation to harvesting become a master cultivator species spotlight dive into detailed profiles of popular psilocybin mushroom species learn to identify cultivate and experience the unique qualities of each magical variety psychedelic safety prioritize your well being with essential safety tips and responsible usage guidelines navigate the psychedelic experience with confidence and awareness trip enhancing tips elevate your journeys with insightful tips on optimizing your psychedelic experiences from setting intentions to integration maximize the therapeutic benefits of psilocybin legal landscape stay informed about the legal aspects of psilocybin mushrooms explore the evolving landscape and understand the cultural and legal implications recipes for enchantment indulge your senses with delectable recipes incorporating magic mushrooms elevate your culinary adventures and explore new realms of taste and experience community connection join a global community of mushroom enthusiasts discover forums events and resources to connect with like minded individuals and share your mushroom journey empower yourself with the psilocybin mushroom bible your gateway to a world of natural wonder self discovery and profound experiences bullet points easy cultivation cultivate magic mushrooms effortlessly with our detailed beginner friendly guide species profiles explore distinct qualities of popular psilocybin mushroom species a mycophile s dream psychedelic safety prioritize well being with essential safety tips for a mindful and transformative journey trip optimization elevate experiences with insightful tips on intention setting and integration for maximum therapeutic benefits legal awareness stay informed about the evolving legal landscape surrounding psilocybin mushrooms enchanting recipes indulge in delectable recipes incorporating magic mushrooms for a multisensory experience community engagement connect globally with like minded enthusiasts through forums events and valuable resources

embark on a journey of self discovery and spiritual exploration with the psilocybin mushroom bible this in depth guide is your key to understanding the art of cultivating safely exploring and unlocking the transformative potential of psilocybin mushrooms explore the book s features and benefits below cultivation mastery master the delicate art of cultivating psilocybin mushrooms at home with detailed step by step instructions cultivate your own therapeutic allies

with confidence safe and informed exploration navigate the world of psilocybin with safety in mind the book provides insightful guidance on dosage set and setting ensuring responsible and transformative experiences spiritual growth and personal transformation explore the profound potential of psilocybin mushrooms as catalysts for spiritual growth and personal transformation learn how to integrate these experiences into your life for lasting positive change psychedelic culture and history immerse yourself in the rich history and cultural significance of psilocybin mushrooms gain a deeper understanding of their role in ancient traditions and contemporary psychedelic culture legal and ethical considerations stay informed about the legal landscape and ethical considerations surrounding psilocybin mushrooms the book provides a comprehensive overview promoting responsible and mindful use bullet points cultivation mastery learn the art of cultivating psilocybin mushrooms at home with detailed step by step instructions safe and informed exploration navigate the world of psilocybin with safety in mind understanding dosage set and setting for responsible experiences spiritual growth and personal transformation discover the transformative potential of psilocybin mushrooms for spiritual growth and personal development psychedelic culture and history immerse yourself in the rich history and cultural significance of psilocybin mushrooms from ancient traditions to contemporary psychedelic culture legal and ethical considerations stay informed about the legal landscape and ethical considerations promoting responsible and mindful use of psilocybin mushrooms

the only psilocybin focussed cookbook on the market if you ve mastered the art of growing mushrooms at home and have your growing method tuned in perfectly or you ve just got very good at foraging and have a reliable patch you ll have an endless stream of psilocybin containing mushrooms but where do you go from here what s the best method of extraction to minimize loss and how can you stave off the dreaded nausea every time you dose what s the deal with microdosing and how do you do it safely and if you want to put on a three course dosed dinner for a few of your best friends what are the best dishes to cook all these questions are answered deliciously in the psilocybin chef cookbook containing fifty recipes eight different extraction methods cocktails drinks and more the psilocybin chef cookbook is the only psilocybin extraction and consumption guide you ll ever need with photo essays to illustrate each step of the extraction processes largely vegan recipes and many that cater for gluten free and sugar free diets this cookbook will be the staple of every psychonaut s kitchen from the best selling authors of the the psilocybin mushroom bible the definitive guide to growing and using magic mushrooms this cookbook offers sound evidence based methods for psilocybin extraction as well as recipes honed from the author s years of working in professional kitchens food writing and consulting in test kitchens as well as their years of psilocybin experimentation this indispensable guide is fully illustrated with mouth watering full color photos throughout with eight easy to follow photo essays showing you exactly how to master each extraction process and an entire chapter dedicated to microdosing and how to do it safely and sanely the psilocybin chef cookbook teaches you how to be the psychedelic cordon bleu icon you ve always wanted to be don t settle for choking down tea or munching down on dry shrooms make every trip delicious

are you interested in knowing how you can leverage the medicinal benefits of growing mushrooms for health and profits are you already committed to the amazing health benefits of mushrooms but still don't know how an ordinary person like you can grow it at home mushrooms have been traditionally used for food and medicinal purposes for years they have been part of chinese natural medicine for more than 2 000 years and several scientific reports suggest that hundreds of mushroom species have proven medical benefits to humans so what are mushrooms what are the main differences between edible and magic mushrooms how can they be cultivated from scratch by a complete beginner are mushrooms medicinal do they support the immune system and prevent cells and tissue damage richard korman answers these questions and many more in this comprehensive mushroom field guide this bundle of 3 books reveals what mushrooms are in simple terms their origin the different types of mushroom recipes how individuals can easily grow them at home and how their incredible medicinal properties heal the body and mind this mushroom bible uncovers the mysteries surrounding psilocybin mushrooms and takes an in depth look at their use in natural medicine within the pages of this bundle you will discover how to grow your own healing mushrooms quickly and make a mushroom soup at home if you are keen on experiencing the vigor and potency of this healing fungus this straightforward plain english mushrooms cookbook and edible mushrooms book clears up the confusion and brings you the information you need to use mushrooms for yourself or your family to treat a variety of ailments here's a preview of what you'll discover in this mushrooms guide specific ways you can conquer health conditions such as anxiety cancer depression and others with mushrooms mushrooms cultivation at home even for people who don't have any experience how you can safely cook and consume mushrooms even if you are a complete beginner the various mushroom types what it takes to grow them and their effects a detailed description of the most potent medicinal mushrooms and their history and much more whether your goal is to know how to use mushrooms safely and enjoyably or you simply want to discover how you can improve the health of your family with them this book bundle will empower you with deep and riveting information scroll up and click the buy now button to get this book today

now that the dea has ruled that spores are legal the popularity of psilocybin has soared this 2nd edition of the psilocybin mushroom handbook provides updated information on navigating the new legal landscape for spores acquiring them and utilizing simple home cultivation kits a section on microdosing enhances the contemporary experience throughout the book full color photographs visually guide readers through the cultivation process this practical guide offers step by step instructions for cultivating psilocybin containing mushrooms indoors or outdoors with just a clean kitchen basic equipment and a closet shelf or shady flowerbed anyone can cultivate a bountiful harvest the book also includes guidance on discreetly integrating psychedelic mushrooms into outdoor gardens in depth coverage of traditional cultivation ways such as using agar grain and the pf tek method from the original edition is complemented by coverage of the new grow kits now readily available additionally the book covers two lesser known species psilocybe mexicana revered by indigenous mexican shamans for millennia and psilocybe azurescens a newly described species thriving in the pacific northwest and suitable for

outdoor cultivation on woodchips respectfully addressing the use of psilocybin containing mushrooms in both historical and contemporary contexts the book features contributions from ethnobotanist kathleen harrison she explores the history rituals and mythology surrounding sacred psilocybe mushroom traditionally used in indigenous shamanic practices the authors also offer insights into how these traditions can inform and benefit modern users promoting safe healing and enriching journeys

select the mushrooms you can easily grow at home and to taste the pleasure of your homegrown fungi understand the characteristics of each type of mushroom learn everything about mushroom structure and their life cycle decide which type of mushroom you want to grow get a comprehensive overview of the cultivation process and gain the confidence to embark upon your own project learn everything about the different stages of mushroom cultivation understand the growing process in detail from preparation to harvesting learn about 12 different growing methods for indoor and outdoor cultivation identify potential problems and learn how to overcome them identify pests and diseases understand common problems such as incorrect moisture levels contamination and bad spawn learn everything about correct processing from drying to freezing take the first step to your mushroom adventure to get started scroll up and grab your copy

h3 b change your life with the power of magic mushrooms b h3 p p a psychedelic trip is not something to take lightly you have to prepare for it and be open to wherever the experience takes you yes psychedelic trips can change your entire outlook on life but how do you tap into such a powerful experience and is it even legal this book gives you the complete guide to sourcing measuring and using magic mushrooms magic mushrooms are a safe and trusted way to consume psilocybin the ingredient that induces psychedelic trips artist harry styles claims they changed the direction of his music the best part is that a smaller dose of magic mushrooms can help you become more productive and focused it is not always necessary to go on a full psilocybin trip psilocybin mushrooms are on the path to becoming legal in coming years your doctor may even recommend them for depression or anxiety read this book and learn all you need to know about magic mushrooms including the pros and cons of using mushrooms how to safely trip and microdose how to grow your own supply you will also learn the best practices when using magic mushrooms the legality of magic mushrooms how to get the most out of psilocybin and so much more p p h4 b the future is psilocybin and magic mushrooms are the source b h4 p p

winner of the 2021 american botanical council james a duke excellence in botanical literature award mushrooms have been used as medicine for thousands of years and their value in boosting immunity improving memory and even fighting cancer is being recognized and documented in scientific research christopher hobbs a mycologist and herbalist at the forefront of contemporary research profiles the most powerful medicinal mushrooms and explains the nutritional and medicinal compounds in each one detailed instructions cover how to select store and prepare each variety for use whether readers are growing or foraging their own

mushrooms or sourcing them from a local provider this essential handbook will guide them in making health boosting medicine

the psilocybin mushroom bible details every step of the complex mushroom cultivation process making it hands down the largest and most comprehensive book ever written on the subject readers will learn how to produce their own magic mushrooms quickly safely and effectively the book features over 40 step by step photographic instruction guides to each step of the process including sterilizing the equipment to produce mushrooms how to build the containers used during home mushroom cultivation safety measures for preventing contamination of the mushroom cultures and a guide to consuming magic mushrooms safely and enjoyably

examines the contemporary psychedelic phenomenon including the history of criminalization and legalization psychedelics effects on the brain recent clinical research and new therapeutic potentials explores substances like psilocybin lsd dmt ayahuasca ketamine and mdma including scientific evidence for psychedelics potential to treat addiction depression anxiety trauma and neurodegenerative diseases includes extensive practical information on safety risk and harm reduction for both laypeople and mental health practitioners presenting a comprehensive guide to the exciting new landscape around psychedelics psychopharmacologist anton gomez escolar examines the long history of criminalizing and slowly legalizing these substances and their increasingly demonstrable positive effects on body mind and spirit exploring psilocybin lsd dmt ayahuasca ketamine mdma and other substances gomez escolar looks at the multitude of scientific studies providing critical evidence for psychedelics ability to treat addiction depression anxiety and trauma as well as their potential to treat neurodegenerative diseases such as alzheimer s he provides key information for therapists and other health practitioners as well as explores the potential benefits and limitations of microdosing and how psychedelics could help with various neurological and mental health issues including those related to the covid 19 pandemic breaking down substances by type the author looks at the main risks of each psychedelic and its benefits best harm reduction strategies and the neural pathways each affects gomez escolar also includes a large selection of resources for people seeking to engage personally with psychedelics for healing

how to grow psilocybin mushrooms better than anyone else even if you don t have any experience a psilocybin mushroom is also known as a magic mushroom or a psychedelic mushroom and is one of a polyphyletic group of fungi that contain psilocybin and psilocin when you cultivate magic mushrooms you will do so indoors but have you ever considered developing outdoor mycelium too this can have a number of advantages when growing mushrooms in your backyard or a similar area outdoors you could expand the supply of shrooms for an entire year and it ll be less costly it isn t particularly difficult to grow magic mushrooms especially if you grow your shrooms with a fully equipped grow kit but if you want to grow shrooms from spores there can be a learning curve and a little more research may be needed if you cultivate mushrooms one of the main concerns is to prevent mold contamination with a decent outdoor patch for growing in your greenhouse or backyard you don t need to

think about this and can look forward to good yields you don't even need to have your own greenhouse if you want to cultivate magic mushrooms outdoors you could also find a nice secluded spot in a wood this give to you the benefit of free spreading your mushroom spores in the field creating a magic spot where your shrooms can naturally grow over time in this book of mushroom bible you will learn how to successfully grow psychedelic mushrooms the best place of mushroom equipment and supplies needed for mushroom cultivation the sterile culture technique for mushroom cultivation the pf tek how to work with agar the skill of fruiting and harvesting the chemistry of psilocybin mushrooms legal status of psilocybin mushrooms rewarding experience if you have ever grown your own food then you will be aware of the sense of satisfaction after tasting that a hallucinogenic mushrooms cultivation is more than physical fruits it's a spiritual experience that can induce incredible changes how it's used hallucinogenic mushrooms can be used either in fresh or dried form people also eat them by mixing them with their food they can also be added to brew them in a tea for drinking do mushrooms show up in drug test hallucinogenic mushrooms will not show in routine drug test but certain special tests might be conducted to detect them how this book will help me magic mushrooms are simple to grow without having any experience in the field of agriculture they only need few specific parameters to be checked along with little patience to experience a real sense of satisfaction by growing your mushrooms read this book and improve your wonderful sensations if you want to start growing psilocybin mushrooms and get all the answers of your queries simply scroll up and click add to cart button

in this book you will learn all the basics of psychedelics and why all this research is great news for public health in this century after a very long and strange journey psychedelics may finally be back for good rick doblin phd founder executive director maps in this guide you will learn all the essentials about the history neuroscience legality therapeutic applications and harm reduction of the most promising psychedelic drugs for science after decades of international prohibition these molecules are returning to laboratories and clinics hand in hand with the most rigorous science to revolutionize the way we understand and treat mental health depression anxiety ptsd and addictions discover the world of psilocybin mdma dmt ketamine and lsd before society immerses in this revolution which will forever change the perception we have of psychedelics this guide will be of interest to both therapists and other mental health professionals interested in the clinical applications parents and educators seeking to understand the impact and safety of psychedelics and other drugs as well as any adult curious to learn about and explore this new world of the psychedelic renaissance

have you heard about magic mushrooms and aren't sure what it really means how to cultivate it or how to use are you interested to know how you can use the therapeutic benefits of psilocybin mushrooms to overcome anxiety depression and other health problems if the answer to any of these questions is yes this book will answer of all them and show you in a step by step manner how to cultivate the magic mushrooms and use it the magic mushroom bible will take you by the hands and enlighten you more about psilocybin mushrooms medicinal benefits and values its connections to nature and humanity this book totally highlights how psilocybin mushrooms

works and how to use it without harm in very simple tenses and language the magic mushrooms bible breaks down the usefulness and side effects of psilocybin a fungus popularly referred to as the magic mushroom due to its strong psychoactive effects so if you are ready to discover the most effective method to identify psilocybin mushrooms the health benefits and side effects of magic mushrooms how to use magic mushrooms safely how to have an amazing magic mushrooms trip how to grow magic mushrooms at home how to grow magic mushrooms outdoors how to make a magic mushroom spore print how to make money growing mushrooms and so much more then scroll up to the top and hit that buy button to get your copy of the magic mushrooms bible

do you want to win the fight against anxiety depression fatigue stress and other life threatening illnesses have you wondered if you can do away with prescription drugs painkillers antidepressants or anything that has to do with conventional medicine you are about to discover information about magic mushrooms with healing and therapeutic properties that makes them perfect for reducing the effect of anxiety depression stress fatigue and related disorders this book will answer all the questions you have about psilocybin magic mushrooms and help you get started using them safely in this book you will find all you need to know about psilocybin mushrooms what they look like how they are used and their therapeutic potentials learn about the origins of psilocybin mushrooms and their history in medical use discover the legality and decriminalization of psilocybin mushrooms in different countries of the world and how all these affect using possession sale and cultivation in different areas learn about the science behind psilocybin mushrooms and available research on therapeutic use of psilocybin mushrooms discover a detailed section that focuses on the physical effects other wordly effects and risks associated with psilocybin use find all you need to know about psilocybe cubensis psilocybe azurescens psilocybe semilanceata and more discover how psilocybin mushrooms are used to treat depressive symptoms and used to boost creativity and learning find a dedicated chapter to learn how to cultivate psilocybe mushrooms how to grow them from home making your own diy psilocybin mushroom grow kits and learning to grow your own mushrooms from scratch learn how to take psilocybin mushrooms risk mitigation strategies for using planning your set and setting and precautions during use learn all you need to know about microdosing how to microdose benefits of microdosing how to keep track of your progress calculating and scheduling your microdoses and so much more you can learn all there is to know about psilocybin mushrooms and how they can help improve your life from this comprehensive guide on psilocybin mushrooms due to the increasing adoption among countries where they were initially banned the prohibition of psilocybin mushroom use may soon become a thing of the past learn to grow your magic mushrooms from the comfort of your home and also maximize the many benefits of using through microdosing scroll up and click buy now with 1 click or buy now to get started today

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