

With Your Own Two Hands Selfdiscovery Through

With Your Own Two Hands With your own two hands Perspectives in Performing Arts Medicine Practice II Kindling the Spark We Piano Teachers and Our Demons Musical Excellence Practicing Music by Design Making Music at the Piano The American Music Teacher Alison Walsh Passion for the Piano The Development of Skill in Reading Music Cum Notis Variorum National Union Catalog Catalogue American Book Publishing Record Music, Books on Music, and Sound Recordings Farmer's Advocate and Home Magazine The Spectator The American Review of Reviews Seymour Bernstein Seymour Bernstein Sang-Hie Lee Joanne Haroutounian Zecharia Plavin Aaron Williamon Christopher Berg Barbara English Maris Constance Evelyn Judith Oringer Larry Scripp May and May (Firm) Library of Congress Albert Shaw

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for anyone who s ever suffered through music lessons or sat paralyzed with fear at the piano here s a master teacher s remarkable self help guide to realizing all your

musical talents it s a tested practical program for conquering nervousness sharpening memory and concentration building coordination and flexibility for demolishing the stumbling blocks that every musician faces so that you can know the joy of making the best music you can all with your own two hands back cover

performing arts medicine is a multidisciplinary specialization combining the fields of performing arts and healthcare the book focuses on performing arts medicine as an occupational health that impacts wellness in public health and imparts the arts in healing it shares knowledge from experienced practitioners novel research findings region specific dance experiences and uses of body mind movements for healing the first part opens with a chapter on vivid illustrations of the risky stage setups and long hours of bodily abusive practice and ends with a chapter that explores the new conceptual frame of neurophenomenology as a philosophy and methodology in musician training and rehabilitation the second and third parts address multi disciplinary collaborative voice care plans joint hypermobility performance anxiety resilience performance related traumatic stress disorder communal healing through drumming as medicine and dance as healing agent for societal and medical problems

gathering perspectives of musical talent from the psychological musical and educational fields kindling the spark is the only single sourcebook that defines musical talent and provides practical strategies for identifying and nurturing it joanne haroutounian uses her experience as teacher researcher and parent to clarify central issues concerning talent recognition and development in a way that will easily appeal to a wide audience the book describes the different stages of development in musical training including guidelines for finding a suitable teacher at different levels social and psychological aspects that impact musical training and research on talent development by ages and stages from infancy and preschool years through the teen years an important feature of the book are sparkler exercises designed to provoke observable talent behavior in home school and studio settings the book also includes an appendix of resources which lists books media organizations and specialized schools that offer additional information on musical talent identification and development for music educators in both public school and private studio settings as

well as for parents and their musically inclined children kindling the spark provides an invaluable summary of the research on talent and a wealth of resources for developing it

this book focuses on piano teachers and the many pains they encounter in their careers these pains play an essential role in blocking the musical inspiration of their students the author identifies with the sensitivities of the teachers aiming at the inspiration permeated and safer playing of their students the book penetrates the protective mechanisms of the teachers that on the one hand maintain their professional functioning while on the other hand block refreshing ideas it combines exploration of secure and culturally informed inspired playing coping with exaggerated anxiety and understanding the interaction of piano actions with pianist s physiology this book helps to open teachers perceptions of the ways to enable more secure and more inspired performances while remembering the inner feelings of the piano teachers

musical excellence offers performers teachers and researchers new perspectives and practical guidance for enhancing performance and managing the stress that typically accompanies performance situations it draws together for the first time in a single collection the findings of pioneering initiatives from across the arts and sciences specific recommendations are provided alongside comprehensive reviews of existing theory and research enabling the practitioner to place the strategies and techniques within the broader context of human performance and encouraging novel ways of conceptualizing music making and teaching part i prospects and limits sets out ground rules for achieving musical excellence what roles do innate talent environmental influences and sheer hard work play in attaining eminence how can musicians best manage the physical demands of a profession that is intrinsically arduous throughout a career that can literally span a lifetime how can performers teachers and researchers effectively assess and reflect on performance enhancement for themselves their colleagues and their students part ii practice strategies presents approaches for increasing the effectiveness and efficiency of practice these are examined generally for the individual and ensembles and specifically for the tasks of

memorizing sight reading and improvising music musicians spend vast amounts of time and energy acquiring and refining their skills but are there particular rehearsal strategies that they can employ to produce better performance results or to achieve the same results more quickly what implication does existing knowledge of human information processing and physical functioning have for musical learning and practice part iii techniques and interventions introduces scientifically validated methods for enhancing musical achievement ordered from the more physical to the psychological to the pharmacological however they all address issues of both mental and physical significance for the musician collectively they stand as clear evidence that applied cross disciplinary research can facilitate musicians strive for performance excellence throughout the book highlights ways for musicians to make the most of their existing practice training and experience and gives them additional tools for acquiring and developing new skills each chapter is underpinned by physical and psychological principles relevant to all performance traditions that demand dedication and resilience unique artistic vision and effective communication

practicing music by design historic virtuosi on peak performance explores pedagogical practices for achieving expert skill in performance it is an account of the relationship between historic practices and modern research examining the defining characteristics and applications of eight common components of practice from the perspectives of performing artists master teachers and scientists the author presents research past and present designed to help musicians understand the abstract principles behind the concepts after studying practicing music by design students and performers will be able to identify areas in their practice that prevent them from developing the tenets articulated here are universal not instrument specific borne of modern research and the methods of legendary virtuosi and teachers those figures discussed include luminaries franz liszt and frederic chopin renowned performers anton rubinstein mark hambourg ignace paderewski and sergei rachmaninoff extraordinary teachers theodor leschetizky rafael joseffy leopold auer carl flesch and ivan galamian lesser known musicians who wrote perceptively on the subject such as violinists frank thistleton rowsby woof achille rivarde and sydney robjohns practicing music by design forges old with new connections between research and

practice outlining the practice practices of some of the most virtuosic concert performers in history while ultimately addressing the question how does all this work to make for better musicians and artists

beginners can make music at the piano and play musically even during the earliest phases of piano study and this book shows how written for early level adult piano students of any age the book enables students to play gratifying music while continuing to develop their skills steadily whether they are working in a private studio or in a piano class environment throughout the book features numerous concepts to consider focusing on conceptual learning and activities to explore which build on the concepts and emphasize ways to strengthen the kinesthetic aspects of learning the author discusses nearly every aspect encountered by the beginner from appropriate goals and good playing habits to the basics of how people learn and how the piano works she provides a hands on explanation of the characteristics of music playing and suggests specific strategies for using practice time effectively and for developing rhythmic security and technical control of sound for students who to play as well as practice this book is the ideal guide

this book is a collection of keyboard fact and falderal designed to entertain and educate those who play tune teach sell or love the instrument provides historical background including its fateful invention by bartolomeo cristofori an eighteenth century florentine instrument maker the piano s kaleidoscopic evolution from its forerunners the harpsichord and clavichord to today s concert grand and synthesizer and the development of piano craftsmanship and manufacturing includes practical information piano lore and advice covering how to shop for a new or secondhand piano how to compare the quality and playing potential of master brands how to fix sticky keys scratched cases broken strings and other piano ailments where to find a reliable tuner music schools and conservatories and how to soundproof your room or apartment in addition this book is a celebration of america s love affair with the piano ranging from firsthand accounts by piano makers conservatory teachers competition judges and restorers to humorous and revelatory anecdotes about such stars as artur rubinstein lorin hollander ruth laredo liberace claude bolling teddy

wilson and herbie hancock who tell you what inspired them to play practice and perform lastly this book has a mix of quizzes questionnaires and quicky facts highlighting the piano in literature film and politics and amazing piano feats by mozart clara schumann and rachmaninoff

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