

Atlas Of Acupuncture By Claudia Focks

Atlas of Acupuncture Acupuncture Acupressure and Acupuncture During Birth A New Strategy For The War On Cancer The Nature Cure The Dragon Slayer ACUPUNCTURE NOTEBOOK Cosmetic Acupuncture Acupuncture Points Trainer CD-ROM Acupuncture Notebook Atlas d'acupuncture Clinical Research in Complementary Therapies Health & Medical Care Directory The Journal of Alternative and Complementary Medicine Atlas of Acupuncture Hybridising East and West Atlas of Acupuncture and Cards Package Benn's Media Bay Area Consumers' Checkbook Weight Loss Claudia Focks Hai Hong Claudia Citkovitz Terry Thompson Andreas Michalsen, MD Jonathan Hyde BRUCE W. PARK Radha Thambirajah Claudia Focks Bruce W Park Claudia Focks George Thomas Lewith Claudia Focks Dominique Schirmer Claudia Focks Burton Goldberg

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providing clear information on the full range of acupuncture points and main channels in a systematic and clear way this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points but can also be used by experienced practitioners to extend their knowledge

acupuncture is widely practised in the 21st century in scientifically developed countries for a wide range of ailments ranging from chronic pain giddiness and high blood pressure to gastrointestinal disorders and sexual dysfunction yet the reasons for its vaunted efficacy remain a matter of controversy in traditional chinese medical theory the mechanism of action in acupuncture was understood in terms of the flow of qi and the balance of yin and yang through the body s meridians a complex network painstaking

charted but never found modern medical researchers have examined old and new needling points and some view them as ac trigger points so that stimulate physiological responses in the body there is also clear evidence of strong placebo effects although it has not been conclusively established that this is either the main or the only significant effect this volume contains twelve articles covering the latest scientific explanations of the mechanism of acupuncture and critical reviews of clinical trials on its efficacy by leading scholars including edzard ernst at exeter lixing lao at the university of maryland pc leung at the chinese university of hong kong and thomas lundeberg at karolinska institute hong hai is senior fellow at the institute of advanced studies and adjunct professor nanyang technological university singapore and director of the renhai clinic

for acupuncturists and birth professionals this engaging book explains how yin yang and other principles of chinese medicine can improve birth experiences and outcomes it includes information on what happens before during and after birth from both a biomedical and chinese medical perspective and a toolkit of treatment strategies for birth work

this book makes a well researched argument for exploring and implementing an integrative approach to cancer treatment keith i block md author of life over cancer the traditional strategy of exclusive conventional cancer treatment has not worked integrative oncology that prescribes tested natural non pharmaceutical therapies to enhance the effectiveness and reduce the side effects of chemotherapy radiation and surgery is the answer major medical school cancer centers are researching and practicing this new state of the art strategy but it is not being accepted by mainstream oncology it must become acceptable and accessible to all cancer victims if cancer is to ever be defeated patients must insist on it and the general public must support it the objective of a new strategy for the war on cancer is to reveal a new approach to the public and to invoke a paradigm shift toward its adoption

informative i recommend it to practitioners and patients alike andrew weil md author of eight weeks to optimum health and mind over meds international bestselling author dr andreas michalsen uncovers the natural cures that will transform your health and change your life sunlight forest bathing fasting cold water baths bloodletting leeches cupping these ways of healing have been practiced in different cultures around the world for centuries but as a cardiologist working with the most high tech medical tools dr andreas michalsen was taught that these practices were medieval and outdated even dangerous as he saw surprising results in his patients however dr michalsen explored more deeply those seemingly outdated methods of healing the more he researched the more he was convinced by the power of natural medicine naturopathy to heal the human body over the past few decades dr michalsen has published the most cutting edge scientific research on the efficacy of natural medicine at the prestigious charité® university hospital in berlin dr michalsen has successfully treated thousands of patients using elements found in nature sunlight water nourishing foods medicinal plants and

animals the culmination of years of research and clinical knowledge the nature cure explains how and why naturopathy works dr michalsen breaks down the science behind natural ways of healing and shows how we can incorporate these methods into our everyday lives to trigger our body's self healing mechanism thoughtfully written and filled with science history case studies and practical guidance this illuminating book shares knowledge that has changed the lives of thousands of patients teaching you what your body needs to heal without medicine riddled with side effects or invasive procedures discover methods of healing that don't just cover up your symptoms but actually address the root cause of illness

michael rayback wanders from country to country with his australian wife claudia their final destination is russia where they settle with two young children over time claudia begins to feel marginalized in her life at home she views michael as a house husband and a slave to their daughters in anger claudia turns to a russian businessman with money and power interested in russian art claudia is attracted to yuri's idea of smuggling icons across the border into finland claudia gets caught yuri gets killed claudia's defense at her trial is in the hands of an attractive young attorney one of michael's acquaintances claudia is suspicious but michael convinces her that tanya is a brilliant trial lawyer with an impressive record of wins tanya's strategy rests on punishment not on guilt or innocence central to tanya's argument is a psychological profile of claudia in the context of the criminal code of the russian federation

this notebook presents the descriptions of acupuncture points they are anatomically defined areas on the skin relative to certain landmarks on the body learning the acupuncture point is a huge challenge for the student one of the best ways to master them is to practice with a good manual of acupuncture

cosmetic acupuncture introduces an approach to the diagnosis and treatment of cosmetic and dermatological problems which is based on techniques grounded in traditional chinese medicine tcm in her preface to the book the author states that cosmetic acupuncture is not about beauty but about health she explains that the condition of the skin is an indicator of the internal health of the body if our physical and emotional health are in good order and are well balanced this will be evident from the condition of our skin conversely if our skin has problems it may be a sign of internal or emotional disorder the first part of the book describes the blood energy and body fluid states of all the internal organs and explains their relevance to the diagnosis and treatment of cosmetic and dermatological problems a separate chapter then describes in detail the acupuncture points and needling techniques which are used in the treatment of these problems in the last part of the book the author discusses common skin and cosmetic problems and describes the specific treatments that maybe used for each and the rationale behind each choice of treatment book jacket

this acupuncture points trainer cd rom provides an interactive training programme for all acupuncturists included are different training options for studying the names and

locations of the acupuncture points on the twelve primary channels the extraordinary vessels as well as the extra points a total of 419 acupuncture points the cd rom stands on its own but is also a valuable additional learning resource for those who have purchased the atlas of acupuncture or the flashcards by claudia focks superb surface anatomy colour photographs on which the student can test themselves on the location and names of the acupuncture points through drag and drop exercises feedback is then given audio clips demonstrate how to pronounce the pin yin names of the points and further self assessment questions test the student on which points should be used for which treatments choose what you want to learn points can be organised in random succession or by meridian or according to body region complete photo archive of 419 points is accessible at any time

this notebook presents the descriptions of acupuncture points they are anatomically defined areas on the skin relative to certain landmarks on the body learning the acupuncture point is a huge challenge for students one of the best ways to master them is to practice with a good manual of acupuncture all images in this notebook are selected from atlas of acupuncture by claudia focks

claudia focksavec la collaboration de ulrich m rz et ingolf hosbach ouvrage de r f rence l atlas d acupuncture pr sente de fa-on exhaustive les douzem ridiens principaux les points des huit merveilleux vaisseaux tout comme de nombreux points hors m ridiens chaque point est pr sent  selon le m me mod le permettant de saisir d un seul regard sur une m me page les informations cliniques les plus importantes l objectif est ainsi d aider le praticien dans sa recherche de la localisation correcte du point de l angle d insertion de l aiguille ainsi que des principales actions et indications les caract ristiques particuli res de chaque point sont aussi syst matiquement pr sent es le contenu de cette nouvelle  dition a  t  enti rement actualis  en vue d am liorer son caract re didactique et d apporter plus de s curit  pour le traitement les tr s nombreuses illustrations sont compos es de photographies cliniques de sch mas ainsi que de pictogrammes mettant en  vidence l angle et la profondeur d insertion de l aiguille tout comme des alertes qu il s agisse d  viter des organes ou une puncture douloureuse l  tat de la recherche scientifique a  galement  t  mis   jour tenant compte des derni res donn es sur l acupuncture et son efficacit  l atlas d acupuncture en dressant un panorama complet de cette pratique constitue un ouvrage incontournable pour les acupuncteurs qu ils soient confirm s ou en formation

the use of complementary therapies is exploding increasing the pressure to establish a rigorous science to support its practice clinical research in complementary therapies principles problems and solutions provides students with the tools they need to research complementary and integrative medicine cim and so fill this gap essential for both undergraduate and postgraduate students this second edition is significantly updated and enhanced part 1 deals with research strategies and methods explaining the major types of clinical research in cim and how these inter relate new chapters are included on whole systems research qualitative research and questionnaire development not

all therapies can be treated the same way nor channeled through the signal process of randomized controlled trials therefore detailed description of mixed methods approaches including observational qualitative cost benefit and comparative effectiveness research are described part 2 deals with specific complementary therapies and how they are invested by experts in each field the book analyses the key questions asked and the controversies debated in complementary medicine research and offers clear and innovative guidance for answering these questions features provides an overarching synthesis of methods in cim and how they are to be used collectively including the role of comparative effectiveness research suggests both general and specific factors which need to be considered in assessing or planning complementary therapy research pinpoints aspects of research which are different in orthodox research and complementary therapy research reviews the types of research carried out in specific complementary therapies and analyses issues which arise includes information on measuring the economic cost and benefits of complementary medicine clinical audit and the role of placebos use builds upon recent research results looks at the lessons these provide for all complementary therapies and suggests key issues to address in future research provides an overarching synthesis of methods in cim and how they are to be used collectively including the role of comparative effectiveness research suggests both general and specific factors which need to be considered in assessing or planning complementary therapy research pinpoints aspects of research which are different in orthodox research and complementary therapy research reviews the types of research carried out in specific complementary therapies and analyses issues which arise includes information on measuring the economic cost and benefits of complementary medicine clinical audit and the role of placebos use builds upon recent research results looks at the lessons these provide for all complementary therapies and suggests key issues to address in future research

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up to now debates on hybridisation are rather theoretical this book takes an empirical look at both everyday cultures and lifestyles religion medicine and scientific cultures and the directions of influences the findings suggest that hybridity and hybridising have to be conceptualised as processes of mixture relevant for constructing identities being increasingly positively denoted and displaying the multidirectionality and multidimensionality of hybridising processes in our globalised world such a mixture is very frequent highly present and rather inescapable

this comprehensive guide provides safe and simple ways to lose weight based on how your body works or how it ought to

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