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i am like so many others in a sea of survivors so many faces of anguish of pain of torment then of relief help and hope they did not count on us did they christa mackenzie is a survivor of childhood trauma whose journey to healing has led her from diagnoses of dissociative identity did post traumatic stress ptsd and bipolar disorders to one of spiritual wholeness within a collection of inspirational writings mackenzie leads others down an introspective path into her personal story of survival testimony of god s faithfulness and care and intense psychological challenges with the intent of providing hope to and helping those attempting to overcome similar traumatic obstacles mackenzie shares poems scripture and anecdotes that support her story of survival as she struggled to emerge from the darkness and into the light of healing through therapy faith and an inner strength that eventually guided her to not just survive but thrive despite her past circumstances pilgrimage toward the light shares inspirational writings from a devout christian that detail her incredible journey from childhood trauma to spiritual wholeness

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in this latest insightful volume gathered and edited by marilyn luber the authors have combined the lessons learned with personal accounts of how they proceeded there is still much to be done to integrate mental health care effectively into disaster response worldwide but this volume will help to point the way to best practices robert gelbach phd past executive director at emdr humanitarian assistance programs eye movement desensitization and reprocessing emdr is a method of psychotherapy that has been extensively researched and proven effective for the treatment of trauma this book presents emdr early response intervention protocols for such traumatic events as earthquakes mining accidents tsunamis and ongoing warfare it also provides concise summary sheets to facilitate quick information retrieval in perilous circumstances the book is authored by several of the first generation of therapists who successfully employed emdr as a clinical treatment for acute stress following massive trauma events they vividly describe their experiences and the protocols and models they developed to respond to disaster the book describes two of the most commonly used resources the butterfly hug and the four elements exercise for stress management includes new information on acute stress secondary ptsd and vicarious traumatization growing out of interventions subsequent to natural disasters warfare and massacres in turkey asia the middle

east south and central america and the united states interventions that can be put to use on site and posttrauma are presented for groups including work with children adolescents and adults and with special populations additionally the book addresses working with first responders such as firefighters ems workers and others when using emdr it facilitates the gathering and organizing of client data and contains updated and new scripted protocols as well as summary sheets from emdr scripted protocols basics and special situations and emdr scripted protocols special populations also included are templates for repeat use and an interactive pdf key features provides emdr early intervention procedures for man made and natural catastrophes addresses emdr and early interventions for groups of all ages and special populations highlights international perspectives on how to organize a mental health response for recent traumatic events includes early intervention scripts and summary sheets for individuals groups and special populations as well as self care scripts for clinicians offers concise summary sheets for quick information retrieval

in ebook format praise for implementing emdr early mental health interventions for man made and natural disasters from which this ebook is compiled in this latest insightful volume gathered and edited by marilyn luber the authors have combined the lessons learned with personal accounts of how they proceeded there is still much to be done to integrate mental health care effectively into disaster response worldwide but this volume will help to point the way to best practices robert gelbach phd past executive director at emdr humanitarian assistance programs emdr therapy is a psychotherapy approach based on standard procedures and protocols using these standard procedures and protocols as its template this book presents step by step scripts that enable new practitioners and seasoned emdr clinicians trainers and consultants alike to incorporate emdr therapy into their case conceptualizations and treatment plans when working with first responders who have suffered acute stress injuries during man made and natural disasters these scripts can be put to use immediately and retain the complete integrity of emdr therapy by presenting the three prong protocol past memories present triggers and future templates and the 11 step procedure essential to the standard practice of emdr therapy they reinforce the specific parts sequence and language used to create an effective outcome and illustrate how clinicians are using this framework to work with a variety of therapeutic difficulties and modalities while maintaining the integrity of the aip model the ebook illuminates early intervention procedures for first responders and protective service workers who must assist populations in the aftermaths of catastrophic events it includes information and summary sheets created specifically for different types of first responders including firefighters and ems professionals the police and the military it also includes an underground trauma protocol designed for trauma related to mining disasters and a blind to therapist protocol key features provides protocols for practicing emdr with first responders to man made and natural disasters includes concise summary sheets for quick information retrieval in perilous circumstances presents specific protocols for use with firefighters ems responders the police the military and first responders to

mining disasters offers step by step scripts that enable practitioners to enhance their expertise more quickly highlights international perspectives

emergency and trauma care is written for australian emergency care providers including paramedics emergency nurses pre hospital care providers nurse practitioners general practice nurses and allied health practitioners including occupational therapists and physiotherapists who are caring for trauma patients this book follows the patient journey from pre hospital to definitive care using a body systems approach each chapter provides comprehensive coverage of all aspects of adult and paediatric emergencies implications for clinical practice is supported by chapters of professional practice clinical skills research evidence based practice and legal ethical and cultural issues clinical assessment physiology management and rationale for intervention of common and not so common emergency presentations are provided with each chapter providing clear and relevant examples for both paramedics and nurses emergency and trauma care brings together a team of highly respected clinical practitioners and academics to deliver the most up to date text dealing with the practical procedures and evidence experienced by emergency and trauma care providers every day chapter 2 pre hospital care overview in australia and nz chapter 10 scene assessment management and rescue chapter 11 pre hospital clinical reasoning triage and communication pre hospital and emergency nursing considerations included in all relevant chapters chapter 5 cultural considerations in emergency care addresses cultural diversity beliefs and values and focuses on aboriginal and torres strait islander health and maori health chapter 19 resuscitation includes advanced life support airway management and incorporates the 2010 australian resuscitation council guidelines chapter 37 people with disabilities provides assessment examination and communication strategies for working with clients with intellectual and physical disabilities section 5 focuses on examination and communication strategies for working with unique population groups including the elderly disabled obstetric and paediatric patients section 6 details major trauma assessment and management blast injury and trauma to specific body regions essentials outline the main points addressed in each chapter practice tips assist with communication skills procedures and assessment case studies supported by questions throughout summaries and key points review questions web links and references provide for consolidation and further research evolve resources include power point slides 30 additional case studies image bank web links three paramedic specific chapters including scene assessment and management

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