The Loneliness On The Net

LonelinessLoneliness and Social Isolation Volume 459CBASP in the Treatment of Persistent Depressive DisorderOn the Heights of DespairThe Lonely AmericanA collection of systematic reviews or meta-analyses on the effects of behavioral and psychosocial interventions for psychological well-beingThe Oxford Handbook of Clinical GeropsychologyThe Loneliness EpidemicSocial Isolation and Loneliness in Older AdultsWhat Matters for Health and Happiness Among the Older Adults in AsiaSocial Cure During COVID-19: The Role of Social Connections, Social Networks and Digital TechnologiesLoneliness and Human DisconnectionOn the HeightsA New English Dictionary on Historical PrinciplesThe Christian Science JournalEconomic and Social Factors Affecting the Health of Older AdultsThe Saturday Review of Politics, Literature, Science and ArtThe sermon Bible [extr. from sermons on the Bible by various authorsCoronavirus Disease (COVID-19): Psychological Reactions to the PandemicThe Epistle of Paul the apostle to the Ephesians Dilip V. Jeste, M.D. Justin Healey Jan Philipp Klein E. M. Cioran Jacqueline Olds, MD Iris Chi Nancy A. Pachana Oliver Cook Nai Peng Tey Tushar Singh Todd Nelson Berthold Auerbach James Augustus Henry Murray Colette Joy Browning Joanna Sokolowska John Owen Farquhar Murray

Loneliness Loneliness and Social Isolation Volume 459 CBASP in the Treatment of Persistent Depressive Disorder On the Heights of Despair The Lonely American A collection of systematic reviews or meta-analyses on the effects of behavioral and psychosocial interventions for psychological well-being The Oxford Handbook of Clinical Geropsychology The Loneliness Epidemic Social Isolation and Loneliness in Older Adults What Matters for Health and Happiness Among the Older Adults in Asia Social Cure During COVID-19: The Role of Social Connections, Social Networks and Digital Technologies Loneliness and Human Disconnection On the Heights A New English Dictionary on Historical Principles The Christian Science Journal Economic and Social Factors Affecting the Health of Older Adults The Saturday Review of Politics, Literature, Science and Art The sermon Bible [extr. from sermons on the Bible by various authors Coronavirus Disease (COVID-19): Psychological Reactions to the Pandemic The Epistle of Paul the apostle to the Ephesians *Dilip V. Jeste, M.D. Justin Healey Jan Philipp Klein E. M. Cioran Jacqueline Olds, MD Iris Chi Nancy A. Pachana Oliver Cook Nai Peng Tey Tushar Singh Todd Nelson Berthold Auerbach James Augustus Henry Murray Colette Joy Browning Joanna Sokolowska John Owen Farquhar Murray*

informed by research during the past half century the world health organization and other national health and health care bodies have increasingly

emphasized the impact of social determinants of health on major health outcomes including quality of life and longevity one risk factor that has become increasingly prominent is loneliness a subjective feeling of distress due to perceived social isolation loneliness has been shown to have major adverse mental and physical health effects throughout the life span loneliness science and practice is in part a response to the national academies of science engineering and medicine report released in early 2020 that called for screening for loneliness and social isolation in all health care practices and a need to develop best practices for addressing social isolation and loneliness in all medical subspecialty settings as the covid 19 pandemic and physical distancing measures emerged in 2020 the need for the dissemination of knowledge of loneliness became even more pressing this book reviews the important and growing literature on loneliness focusing on evidence based findings it addresses both the science and the everyday practice of mental health care that involves the psychobiology of loneliness its appropriate clinical assessment and strategies to prevent and manage its adverse consequences

it presents us with the youthful cioran who described himself as a nietzsche still complete with his zarathustra his poses his mystical clown s tricks a whole circus of the heights it also presents cioran as a connoisseur of apocalypse a theoretician of despair for cioran writing and philosophy are closely related to physical suffering both share the lyrical virtues that alone lead to metaphysical revelation the result is a book that becomes a substitute for as well as an antidote to suicide by enacting the struggle of the romantic soul against god the universe and itself cioran releases a saving burst of lyrical energy that carries him safely out of his desperation on the heights of despair shows the philosopher s first grappling with themes he would return to in his mature works despair and decay absurdity and alienation futility and the irrationality of existence

in today s world it is more acceptable to be depressed than to be lonely yet loneliness appears to be the inevitable byproduct of our frenetic contemporary lifestyle according to the 2004 general social survey one out of four americans talked to no one about something of importance to them during the last six months another remarkable fact emerged from the 2000 u s census more people are living alone today than at any point in the country s history fully 25 percent of households consist of one person only in this crucial look at one of america s few remaining taboo subjects loneliness drs jacqueline olds and richard s schwartz set out to understand the cultural imperatives psychological dynamics and physical mechanisms underlying social isolation in the lonely american cutting edge research on the physiological and cognitive effects of social exclusion and emerging work in the neurobiology of attachment uncover startling sobering ripple effects of loneliness in areas as varied as physical health children s emotional problems substance abuse and even global warming surprising new studies tell a grim truth about social isolation being disconnected diminishes happiness health and longevity increases aggression and correlates with increasing rates of violent crime loneliness doesn t apply simply to single people either today s busy parents cocoon themselves by devoting most of their non work hours to children leaving little time for friends and other forms of social contact and unhealthily relying on the marriage to fulfill all social needs as a core population of socially isolated individuals and families continues to balloon in size it is more important than ever to understand the

effects of a culture that idealizes busyness and self reliance it s time to bring loneliness a very real and little discussed social epidemic with frightening consequences out into the open and find a way to navigate the tension between freedom and connection in our lives

the oxford handbook of clinical geropsychology is a landmark publication in this field providing broad and authoritative coverage of the research and practice issues in the field today as well as innovations expanding the field s horizons it includes chapters from the foremost scholars in clinical geropsychology from around the world

we are in the midst of a loneliness epidemic a crisis that despite being less visible is every bit as serious as other global issues facing us today the loneliness epidemic understanding and overcoming the modern crisis of social isolation offers a comprehensive exploration of loneliness its causes its impacts and most importantly strategies to overcome it this book is not just for those dealing with loneliness personally but for anyone invested in understanding the intricacies of human connection and disconnection the loneliness epidemic provides the tools to foster a future of connection and emotional well being and promises more than just an exploration of loneliness it offers understanding solutions and hope drawing on the latest research and personal insights this book shines a light on the interplay between individual community and societal loneliness and every chapter provides actionable advice that readers can apply in their own lives the loneliness epidemic will serve as your comprehensive guide to a happier more fulfilling and more connected future

social isolation and loneliness are serious yet underappreciated public health risks that affect a significant portion of the older adult population approximately one quarter of community dwelling americans aged 65 and older are considered to be socially isolated and a significant proportion of adults in the united states report feeling lonely people who are 50 years of age or older are more likely to experience many of the risk factors that can cause or exacerbate social isolation or loneliness such as living alone the loss of family or friends chronic illness and sensory impairments over a life course social isolation and loneliness may be episodic or chronic depending upon an individual s circumstances and perceptions a substantial body of evidence demonstrates that social isolation presents a major risk for premature mortality comparable to other risk factors such as high blood pressure smoking or obesity as older adults are particularly high volume and high frequency users of the health care system there is an opportunity for health care professionals to identify prevent and mitigate the adverse health impacts of social isolation and loneliness in older adults social isolation and loneliness in older adults summarizes the evidence base and explores how social isolation and loneliness affect health and quality of life in adults aged 50 and older particularly among low income underserved and vulnerable populations this report makes recommendations specifically for clinical settings of health care to identify those who suffer the resultant negative health impacts of social isolation and loneliness and target interventions to improve their social conditions social isolation and loneliness in older adults considers clinical tools and methodologies better education and training for the health care workforce and dissemination and implementation that will be important for translating research into practice especially as the evidence base for effective interventions

continues to flourish

people want to live a healthy and happy later life a large body of literature shows the close association between health status and happiness and between health and active engagement in work exercise and social and religious activities however the causation between the two can run both ways and it is difficult to determine the causal effect with cross sectional data various authors have shown the significant influence of socioeconomic factors and human needs on older people s health status and happiness a better understanding of the factors affecting healthy and happy aging is essential for policymaking to improve the well being of older people the availability of data from hrs family studies in several asian countries charls in china lasi in india jstar in japan klosa in korea ifls in indonesia hart in thailand mars in malaysia and longitudinal study of ageing and health in viet nam see gateway to global aging data provides an excellent opportunity for researchers to examine factors affecting health and happiness among older adults within and across asian countries this research topic aims to gather papers that investigate the socioeconomic attitudinal and behavioural factors affecting the health status and happiness life satisfaction of older adults in asia the dependent variables may include physical health mental health disability adl iadl cognitive functioning self rated health health expenditure feeling of happiness and life satisfaction the independent variables may be age gender marital status place of residence educational level active engagement work exercise social and religious activities family and social relationship and support outlook in life smoking drinking and access to and utilization of healthcare services etc manuscripts can be based on individual countries or cross country analysis preferably using the panel data to establish the causal effects of the independent variables on the dependent variables

loneliness has been linked to a range of negative health outcomes including neurological mental and emotional well being scientific research on loneliness is ongoing and the findings continue to shed light on the complexities of this human experience loneliness and human disconnection understanding who gets lonely why and how to reconnect explores the causes effects and potential interventions for loneliness this book defines the difference between loneliness and social isolation and outlines how loneliness affects brain chemistry some chapters will investigate the influences of loneliness on mental health and how covid 19 has played a part in the epidemic interventions to reduce and possibly alleviate loneliness are also explored reviews all aspects contributing to loneliness including social disconnection and isolation discusses how loneliness is presented across cultures specifically in terms of immigration outlines research on loneliness across different major periods of life

in 2020 over 1 billion of the world s population were over the age of 60 years old and it is expected to double by 2050 according to who due to the growing population of older adults there is a focus on healthy aging that will benefit the individuals and the wider communities as older adults will be able to support family members and partake in paid or voluntary work for a longer period of time currently a large number of older adults are unable to work increasing the likelihood of economic instability with fewer streams of income economic instability has been proven to have health impacts including

declining mental wellbeing malnutrition and the inability to afford prescribed medications social isolation proves to be another important factor in the overall health of older adults the cdc reports that poor social interactions have been linked to a higher risk of developing multiple serious medical conditions

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